



# PRACTICAL CAREGIVING

**14-Week Class Starts 9/3/2025 -12/17/25 6 PM - 9 PM (Wednesdays) Original core class with an additional 4-week bridge to CTE Medical Programs.**

This is an introductory training course for anyone wishing to go into caring for older adults professionally. The course is designed to equip individuals with the fundamental skills and certification required for caregiving.

- ❖ Earn competitive pay
- ❖ Flexible work schedules (full-time and part-time available)
- ❖ Room to grow in the medical field
- ❖ Extremely positive work environment

## VENTURA ADULT AND CONTINUING EDUCATION

5200 Valentine Road  
Ventura, CA 93003  
(805) 289-1744 Room 207  
[careers@vace.com](mailto:careers@vace.com)  
Fall Session  
9/4/2025 to 12/18/2025  
Wednesdays  
6:00 pm - 9:00 pm



1. Caregiver Job Descriptions, Responsibilities and Protocol
2. Care Plan Notes for Documenting Client Activities
3. Communication Skills
4. Personal Care, Bathing, and Toileting
5. Assistance with Ambulation, Exercise, Transfers, Fall Prevention including Adaptive Equipment
6. Basic Hygiene and Basic Infection Control
7. Maintaining a Clean, Safe, and Healthy Environment
8. Basic Personal and Environmental Safety Precautions
9. Emergency Procedures, Including Basic First Aid and Client's Emergency Preparedness Plan
10. How to Detect, Report, and Prevent Abuse and Neglect

11. Intro to Medical Professions and Specialties Roles and Responsibilities
12. Intro to Medical Terminology Understanding a Diagnosis
13. Applied Medical Terminology and Pharmacology
14. Medical Procedures Communication in Healthcare Job seeking/ Interviewing and Professional Development